

My Vocational Situation

Name _____ Date _____ M ___ F ___ Age _____

Education completed _____ Other _____

List all the occupations you are considering right now.

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Try to answer each of the following statements as mostly TRUE or mostly FALSE. Circle the answer that best represents your present opinion.

In thinking about your present job or in planning for an occupation or career:

1. I need reassurance that I have made the right choice of occupation. T F
2. I am concerned that my present interests may change over the years. T F
3. I am uncertain about the occupations I could perform well. T F
4. I don't know what my major strengths and weaknesses are. T F
5. The jobs I *can do* may not pay enough to live the kind of life I want. T F
6. If I had to make an occupational choice right now, I'm afraid I would make a bad choice. T F
7. I need to find out what kind of career I should follow. T F
8. Making up my mind about a career has been a long and difficult problem for me. T F
9. I am confused about the whole problem of deciding on a career. T F
10. I am not sure that my present occupational choice or job is right for me. T F
11. I don't know enough about what workers do in various occupations. T F
12. No single occupation appeals strongly to me. T F
13. I am uncertain about which occupation I would enjoy. T F
14. I would like to increase the number of occupations I could consider. T F
15. My estimates of my abilities and talents vary a lot from year to year. T F
16. I am not sure of myself in many areas of life. T F
17. I have known what occupation I want to follow for less than one year. T F
18. I can't understand how some people can be so set about what they want to do. T F

(over)



For questions 19 and 20, circle YES or NO.

19. I need the following information:

- | | | |
|--|---|---|
| How to find a job in my chosen career. | Y | N |
| What kinds of people enter different occupations. | Y | N |
| More information about employment opportunities. | Y | N |
| How to get the necessary training in my chosen career. | Y | N |

Other: _____

20. I have the following difficulties:

- | | | |
|--|---|---|
| I am uncertain about my ability to finish the necessary education or training. | Y | N |
| I don't have the money to follow the career I want most. | Y | N |
| I lack the special talents to follow my first choice. | Y | N |
| An influential person in my life does not approve of my vocational choice. | Y | N |

Anything else? _____

Other comments or questions: _____

Developed by John L. Holland, Denise C. Daiger, and Paul G. Power.

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